

# Study regulations

the

Faculty of Psychotherapy Science of the  
Sigmund Freud Private University

Resolution passed by the Senate on 12/03/2021.



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## **I General provisions**

### **1 Scope of application**

- (1) These study regulations govern the studies in the Bachelor of Psychotherapy Science, Master of Psychotherapy Science, Doctorate of Psychotherapy Science, the accredited university courses Art Therapy and Hypnosystemic Counselling and Intervention as well as in all other courses offered by the Faculty of Psychotherapy Science at Sigmund Freud University.
- (2) Regulations derived from this for the individual study programmes and other study offers are regulated in the regulations for study operations as well as in the guidelines.
- (3) The contents of the courses of study are regulated in the respective valid curricula of the courses of study listed in Paragraph 1.

### **§ 2 Admission**

The requirements and the procedure for admission to studies and admission to the individual courses of study and other courses offered by the Faculty of Psychotherapy Science at Sigmund Freud University are regulated in the admission and examination regulations.

### **§ 3 Study programmes**

The Faculty of Psychotherapy Science offers the degree programmes "Bakkalaureat der Psychotherapiewissenschaft" and "Magisterium der Psychotherapiewissenschaft", "Doktorat der Psychotherapiewissenschaft", as well as the accredited university courses "Kunsttherapie" and "Hypnosystemische Beratung und Intervention".

### **§ 4 Study period and scope of services**

- (1) The standard period of study for the baccalaureate degree in psychotherapy is six semesters. The amount of work for students is 180 ETCS points. The standard period of study for the Master's degree in psychotherapy is four semesters. The workload for students is 120 ETCS points. The standard period of study for the university course in Art Therapy is five semesters. The amount of work for students is 90 ETCS points. The standard period of study for the university course Hypnosystemic Counselling and Intervention is four semesters. The workload for students is 120 ETCS points. The standard period of study for the Doctorate in Psychotherapy Science is six semesters. The scope of work for students is 180 ETCS points.
- (2) The curriculum may stipulate that the completion of courses or the taking of an examination is linked to the completion of an introductory phase, a specific module or an examination. The curriculum can specify the order in which courses are to be completed.

### § 5 Study structure

- (1) The structure of the course of study is determined by the curriculum.
- (2) In the interest of promoting student mobility, the completion of curricular offerings at other universities is welcomed; credit is awarded in accordance with § 13 of the Examination Regulations.

### § 6 Start and duration of the academic year

- (1) The course of study always begins in the winter semester. A lateral entry into all degree programmes can take place in the summer semester in individual cases. The academic year begins on 1 September and ends on 31 August.
- (2) The times when courses are held as well as the holiday periods of the academic year are published in the course schedule according to § 9.

### § 7 Leave of absence

Students can interrupt their studies in justified cases (leave of absence). A leave of absence is possible for a maximum of one year (2 semesters). A leave of absence must be applied for in writing in the Dean's Office. In this application, the reasons for an interruption or the prospects of a positive completion of the studies must be made credible. Personal, professional and health reasons are to be taken into account in the decision of the Dean's Office. In any case, prolonged illness, special family circumstances, the completion of military or civilian service, pregnancy, the care of own children or the care of close relatives are sufficient reasons. A negative decision regarding a leave of absence from studies must be justified in writing. An appeal against a negative decision regarding a leave of absence from studies can be lodged with the Study Commission of Sigmund Freud University within eight weeks.

## II Study objectives

### § 8 Qualification goals

- (1) The bachelor's degree in psychotherapy science is a basic course of study. It imparts the scientific basics regarding healthy and pathological mental human development, the diagnostics of healthy and sick phenomena, the basics of scientifically justified treatment of experience-related mental clinical pictures - including the psychological, medical, sociological and anthropological dimensions. Students acquire basic knowledge of research methodology and an overview of legal, economic and social framework conditions.
- (2) The Master's degree in Psychotherapy Science is designed to provide in-depth knowledge of the theory, methodology and history of psychotherapy, the general and method-specific theory of illness, diagnoses and progressions of disorders and their treatment concepts. Theoretical and clinical theories in the psychotherapy school already chosen by the student in the bachelor's degree programme in psychotherapy science are dealt with in depth and in detail.
- (3) The orientation towards the schools of therapy results from the current state of psychotherapy science as well as from the current legal licensing regulations in Austria. An essential part of the course is devoted to psychotherapy research. Practical application of the theoretically acquired knowledge is of great importance. The study

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programme therefore provides for internships, some of which are to be completed externally, but also internally at the university outpatient clinic, and which are reflected on during the course. In order to acquire the necessary psychotherapeutic attitude, the course of study includes compulsory personality development. With the completion of the Master's degree in Psychotherapy Science, students have all the professionally relevant basics to be able to be registered in the psychotherapist list of the responsible federal ministry.

- (4) The Doctorate in Psychotherapy Science serves as proof of the ability to carry out independent scientific work. This proof is deemed to have been provided upon completion of the doctorate. The Doctorate of Psychotherapy Science programme aims to promote and qualify young scientists in the field of psychotherapy science. The doctorate is independent of a psychotherapeutic professional qualification. The broad understanding of psychotherapy science represented in the Doctorate of Psychotherapy Science programme enables empirical, theoretical, hermeneutic as well as historical and future-related work, whereby interdisciplinary and transdisciplinary references to other disciplines, e.g. psychology, medicine, sociology, philosophy, education, history, ethnology, linguistics and literary studies can also be established.
- (5) The university course Hypnosystemic Counselling and Intervention covers basic knowledge of hypnosystemic theory and practice, its different approaches and their origins. A broad spectrum of hypnosystemic methods is taught. The mode of action, usable phenomena and indicators are dealt with. Graduates are in a position to provide people seeking help and advice with additional, optimally complementary competence in accordance with their previous qualifications. In the university course Art Therapy, a basic scientific training in basic psychodynamic theories is completed. Theoretical as well as practical-artistic basic competences are acquired. One focus is the teaching of clinical-rehabilitative and social-pedagogical as well as curative-pedagogical competences for artistic-therapeutic practice. In particular, the salutogenetic, resilience-oriented and evidence-based clinical aspects of art therapy are taught.

### III Courses

#### § 9 Course schedule

The course schedule, including the timetable, is drawn up on the basis of the curriculum. All courses are listed in the course schedule with the ECTS credits to be acquired. The course schedule should be available at the latest two weeks before the start of the semester, whereby the right to make changes is reserved.

**§ 10 Types of courses**

- (1) All courses, with the exception of lectures (VO), require compulsory attendance by the students. If the attendance requirement is not met, the course cannot be completed. Cases of hardship in the case of excused absence are to be taken into account - after consultation of the respective course lecturer with the Dean's Office.
- (2) Interaction and a variety of didactic methods can and should be subsumed under these seven (7) course types.
  - a. Lectures (VO). The aim of a lecture is to convey to the students the contents of the respective field of knowledge specified in the accredited curriculum in the form of lectures by the lecturers. Students are not required to attend the lecture. The course is concluded with a written or oral examination. The regulations for this are described in more detail in the examination regulations.
  - b. Seminars (SE), tutorials (UE) and proseminars (PS) are courses with an immanent examination character. Students are generally required to attend the courses. For a positive completion of these courses, an attendance requirement of at least 80 percent of the actual attendance time applies. The requirements necessary for the achievement of a certificate of achievement are regulated in the examination regulations.
  - c. Integrated courses (ILV) are courses in which lecture and exercise parts are combined with each other. The sequence of lecture and practical exercise can be freely chosen by the course instructors, i.e. flexibly designed according to the respective content. As with exercises, pro- seminars and seminars, attendance is compulsory for students in the integrated courses, including the lecture parts. For a positive completion of these courses, an attendance requirement of at least 80 percent of the actual attendance time applies. The performance assessment is carried out according to the criteria listed for exercises, proseminars and seminars; in addition, a written final examination is compulsory. The regulations for this are set out in more detail in the examination regulations.
  - d. Method-specific personality development (MPE) are courses designed to promote psychotherapeutic skills and abilities, in particular the spectrum of reflection and interaction related to one's own personality. Students are required to attend 100 percent of the course. The requirements necessary to obtain a certificate of achievement are regulated in the examination regulations.
  - e. Internship and Practice Reflections (PRS) are courses for the development of psychotherapeutic skills and abilities, in particular the spectrum of reflection and interaction related to work with patients and persons in the psychosocial field. Students are required to attend 100 percent of the course. The requirements necessary to obtain a certificate of achievement are regulated in the examination regulations.



## **11 Language of instruction**

The language of instruction is usually the national language of the place of performance. For Vienna, Linz and Berlin this is German, for Ljubljana Slovenian, for Paris French. For locations with an international programme, the language of instruction is English.

- (1) The curriculum may stipulate that all or individual modules, courses and examinations are to be held in a foreign language. Scientific papers may be written in a foreign language within the framework of the examination regulations. If the curriculum does not contain such a provision, the exclusive or predominant use of a foreign language in courses is permissible in the presence of alternative courses that serve the same examination purpose or with the consent of all students present in the first course unit.
- (2) Teaching and instructional materials may be used in English in addition to the national language of the place of implementation.

## **§ 12 Performance records and performance assessment**

Rules on performance records and performance assessments as well as on academic papers and practical courses can be found in the examination regulations, as can provisions on the use of unauthorised aids.

## **§ 13 Certificate and Diploma Supplement**

- (1) The academic achievements are listed in a certificate in which the courses attended, the ECTS credits earned for them and the corresponding assessments are shown.
- (2) Upon completion of the bachelor's, master's and doctoral degree programmes in psychotherapy science, students are also awarded a Diploma Supplement.

## **I V Termination of studies**

### **§ 14 Graduation**

- (1) The courses of study and all other courses offered by the Faculty of Psychotherapy Science are deemed to have been completed when all the achievements prescribed in the curriculum have been achieved and the final theses have been positively assessed.
- (2) Students who have successfully completed the respective course of study receive a certificate of graduation and a diploma.
- (3) If the student passes another course of study, corresponding graduation documents will be handed out.

### § 15 Academic degrees

The Faculty of Psychotherapy Science of the Sigmund Freud Private University Vienna lends persons,

- who have successfully completed the bachelor's degree in psychotherapy science, the academic degree "Bakkalaureus\*a der Psychotherapiewissen- schaft (Bakk. pth.)",
- Persons who have successfully completed the course of study "Magister\*ra der Psychotherapiewissen- schaft (Mag. pth.)",
- Persons who have successfully completed the course of study Doctorate of Psychotherapy Science, the academic degree "Doctor of Psychotherapy Science (Dr. scient. pth.)".
- The academic degree "Master of Arts (MA.)" is awarded for the university course in Art Therapy,
- for the university course Hypnosystemic Counselling and Intervention the title "Master of Science (MSc.)"

