

Admission regulations

of the Faculty of Psychotherapy Science of the
Sigmund Freud Private University

Resolution passed by the Senate on 12.03.2021.

I Admission to the baccalaureate and master's degree programmes in psychotherapy science

1 Formal requirements

Formal prerequisite for admission to courses of study in psychotherapy science which conclude with an academic degree at Sigmund Freud Private University is proof of

- (1) a general higher education entrance qualification: Matura or Abitur, Berufsreifeprüfung or equivalent qualifications; or
- (2) a relevant university entrance qualification examination; or
- (3) a study admission examination regulated in the admission regulations of Sigmund Freud PrivatUniversität for the various fields of study offered at Sigmund Freud PrivatUniversität.

§ 2 Review of the formal requirements

- (1) The examination of formal, informal and non-formal competences prior to admission to studies is carried out by the Faculty of Psychotherapy Science. For this purpose, a written application for recognition must be submitted, which will be processed by the responsible administrator. The application and decision on recognition are approved by the Dean of the Faculty of Psychotherapy Science.
- (2) The examination of the suitability of applicants is specifically regulated according to the different requirements of the various study programs. The currently applicable requirements can be found on the Sigmund Freud University homepage for the individual degree programs.

§ 3 Recognition of admission requirements

The examination of formal, informal and non-formal competences before admission to studies is carried out by the faculty. For this purpose, a written application for recognition must be submitted, which will be processed by the responsible administrator. The application and decision on recognition are approved by the dean.

4 Selection procedure for admission to the bachelor's degree in psychotherapy science

- (1) The bachelor's and master's degree programmes in psychotherapy science at Sigmund Freud University are designed to build on each other consecutively.
- (2) There is an admission procedure for the baccalaureate degree in psychotherapy science, which is divided into two parts:
 - a. First part: Two individual interviews are held with members of the permanent academic staff of the faculty.

- b. Second part: This part consists of a full-day admission seminar. This seminar can only be attended after positive completion of the first part of the admission procedure.
- (3) The bachelor's degree in psychotherapy science is a basic course of study. The study programme provides the scientific basics regarding healthy and pathological human development, the diagnostics of healthy and sick phenomena, the basics of scientifically justified treatment of experience-related clinical pictures - including the psychological, medical, sociological and anthropological dimensions. The first 4 semesters include the requirements of the psychotherapeutic propaedeutic.
- (4) At the beginning of the 5th semester, students choose either the "psychotherapy" or "psychosocial counseling" concentration for the completion of the baccalaureate degree in psychotherapy science.

For the specialisation "Psychotherapy", the in-depth postgraduate study programme Master's degree in Psychotherapy Science is aimed for. At this point, two admission interviews with representatives of the chosen methods and an admission seminar take place. The Master's degree in Psychotherapy Science is an introduction to the clinical application of psychotherapy. In the Master's degree in Psychotherapy Science, the chosen therapeutic school is continued and brought to a conclusion.

5 Selection procedure for admission to the Master of Science in Psychotherapy degree programme

- (1) Admission to the Master's degree programme in psychotherapy science via a positively completed bachelor's degree programme in psychotherapy science at Sigmund Freud University.
- (2) Admission to the Master's degree in psychotherapy science via positively completed related Bachelor's degree courses.

Students who have successfully completed a related Bachelor's degree (e.g. Psychology or Philosophy) and are seeking admission to the Master's degree programme in Psychotherapy Science at Sigmund Freud Private University have the option of being admitted subject to conditions.

- (3) The admission procedure for related Bachelor's degree programmes is defined as follows:
- a. First part: two individual interviews with members of the scientific staff as well as an interview with the respective methodologist.
- b. Second part: This part consists of a full-day methods seminar. This seminar can only be attended after a positive completion of the first part of the admission procedure.

II Admission examinations

The admission examination for the German-language degree programmes in psychotherapy science consists of the following five individual examinations:

- (1) a written paper on a general topic (essay in German)
- (2) three compulsory subjects
- (3) an elective

The examinations for (1) and (2) can be taken externally (e.g. VHS, BFI, WIFI etc.) or

internally at the faculty, the elective subject must be attended as part of the degree course or course.

- ad (1) With the written work on a general topic (essay), the candidates have to prove that they are able to express themselves in writing on a given topic in impeccable and fluent language and with a clear train of thought.
- ad (2) The examination requirements in the compulsory subjects for the field of study of psycho-therapy science are based on the subject matter of the 12th and 13th school years. The compulsory subjects are to be taken in the form specified, depending on the subject of the examination, and cover the following areas in terms of content:
 - a. English as a living foreign language - oral and written examination: confidence in oral and written expression with correct use of basic grammar; ability to understand the language at normal speaking speed and to take part in conversation on commonly known subjects for

ability to participate in an understandable way; ability to translate simple texts into German; ability to read and summarise short texts fluently; ability to comment on general topics mainly in a narrative and descriptive way in essay form.

b. Biology - oral exam:

Development of living beings in the course of the earth's history; phylogeny of man; biology of the cell and basic physiological processes; structure and function of the human body; basic principles of nutrition and health; reproduction and heredity of man; human and animal behaviour.

c. History - oral exam:

Basic features of general history; essential historical facts and developments of European history with a focus on Austria, taking into account aspects of cultural, economic and social history.

Final examinations that have already been successfully completed can be credited.

ad (3) The elective subject (one) is to be taken by means of an examination to the extent of 2 or 3 ECTS credits and is to be chosen from the bachelor's degree programme of the intended degree programme.

The choices are:

- a. PS Psychotherapy as a profession 2 ECTS
- b. PS Psychotherapy as a science 2 ECTS
- c. PS Psychosocial Forms of Intervention I 4 ECTS

III Admission to the Doctorate in Psychotherapy Science programme

6 Prerequisites for admission to the Doctorate of Psychotherapy Science degree programme

There are 3 prerequisites for admission to the Doctorate of Psychotherapeutic Sciences programme

- (1) very good German language skills,
- (2) a relevant diploma or master's degree with a minimum of eight semesters of study (e.g. medicine, psychology, education, philosophy, literature, history, ethnology) or
- (3) a Bachelor degree with 180 ECTS credits AND a Master degree with 120 ECTS credits (300 ECTS credits in total).

§ 7 Target group of the Doctorate in Psychotherapy Science programme

- (1) The target group are graduates
 - a. of the course of studies Master of Psychotherapy Science at the Sigmund Freud Private University or
 - b. of relevant fields of study at diploma, master's or master's level (e.g. medicine, psychology, education, philosophy, literature, history, ethnology).

- (2) It is desirable that applicants complete psychotherapeutic training and have already gained professional experience as a psychotherapist. Both conditions are not considered exclusion criteria, but students without psychotherapeutic knowledge have to make plausible that they build on their existing competences and are able to combine them with psychotherapy science. This can only be beneficial in terms of mutual stimulation.
- (3) Applicants who are not psychotherapists or candidates in training must provide confirmation of 60 hours of psychotherapeutic self-awareness with a registered psychotherapist. Of these 60 hours, at least 30 hours must be individual self-awareness, the remaining 30 hours may be group self-awareness. However, all 60 hours can also be completed as individual self-awareness.

8 Selection procedure for admission to the Doctor of Psychotherapy Science degree programme

- (1) Applicants for the doctoral programme in psychotherapy science submit their documents to the Doctoral Office Psychotherapy Science, which are then forwarded to the doctoral commission. The committee decides on the selection of applicants according to formal and content-related criteria. These include admission interviews, previous academic studies, any previous scientific publications, psychotherapy training or previous psychotherapeutic knowledge, the quality of the submitted draft of the dissertation project (see point 4) as well as the content-related proximity of the same to the research focus of the Faculty of Psychotherapy Science or the potential supervisors. In a draft of the dissertation project in the form of a structured text, the scientific goals of the project, the dissertation research question and the procedure should be explained on three to five pages. In addition, the applicant should explain in particular how he/she arrived at his/her research question. The relevance of the research question for the science of psychotherapy must be clearly emphasised (also applies to projects of the Sigmund Freud University).
- (2) The Doctoral Commission decides on admission or rejection to the Doctorate in Psychotherapy Science programme. The doctoral committee sends its decisions to the Doctoral Office of Psychotherapy Science by protocol. In case of a positive decision, the applicants will receive an official e-mail with all necessary information about the admission to the study programme as well as about the further steps for enrolment.
- (3) In case of a negative decision by the doctoral committee due to non-fulfilment of formal or content-related admission criteria, the applicants will receive an official e-mail with the reasons for the rejection.
- (4) In the event that the doctoral committee comes to the conclusion that the draft of the dissertation project does not meet the requirements in full or only in part, but that the applicant has potential in principle, there is the possibility of submitting a revised draft.