



Study regulations

Faculty for Psychotherapy Science
Sigmund Freud Private University
Sigmund Freud University

Decision of the Faculty Conference of February 2nd 2020
27.02.2020

Duration of the study programmes and scope of services

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I General provisions

§ 1 Scope

- (1) These study regulations govern the study in the Bachelor Programme Psychotherapy Science, Master Programme Psychotherapy Science, Doctoral Programme Psychotherapy Science, the accredited university courses Art Therapy and Hypnosystemic Counselling and Intervention, as well as all other courses offered by the Faculty for Psychotherapy Science at Sigmund Freud University.
- (2) Provisions derived from this for the individual degree programmes and other courses of study are set out in the regulations governing the course of study and in the guidelines.
- (3) The contents of the study programmes are in the currently valid curricula of the study programmes listed in section 1.

§ 2 Approval

The prerequisites and the procedure for admission to the course of study and for admission to the individual courses of study and other courses of study offered by the Faculty for Psychotherapy Science at Sigmund Freud University are regulated in the Admissions and Examination Regulations.

§ 3 Study programmes

The Faculty for Psychotherapy Science offers the study programmes 'Bachelor Programme Psychotherapy Science' and 'Master Programme Psychotherapy Science', 'Doctoral Programme Psychotherapy Science', as well as the accredited university courses 'Art Therapy' and 'Hypnosystemic Counselling and Intervention'.

§ 4 Duration of study programmes and scope of services

- (1) The standard period of study for the Bachelor Programme Psychotherapy Science is six semesters. The workload for students is 180 ETCS points. The standard period of study for the Bachelor Programme Psychotherapy Science is four semesters. The scope of work for students is 120 ETCS points. The standard period of study for the Art Therapy course is five semesters. The scope of work for students is 90 ETCS points. The standard period of study for the university course Hypnosystemic Counselling and Intervention is four semesters. The scope of work for students is 120 ETCS points. The standard period of study for the Doctoral Programme Psychotherapy Science is six semesters. The scope of work for students is 180 ETCS points.
- (2) The curriculum may specify that the completion of courses or admission to an examination is linked to the completion of an introductory phase, a specific module or an examination. The curriculum may specify the order in which courses are completed.

§ 5 Study structure

- (1) The structure of the study programme is determined by the curriculum.
- (2) In the interests of promoting student mobility, studies at other universities are welcomed and credit is given in accordance with § 13 of the Admission and Examination Regulations.

§ 6 Start and duration of the academic year

- (1) The study programme generally begins in the winter semester. In individual cases, students may be admitted to all degree programmes in the summer semester.
The academic year begins on September 1st and ends on August 31st.
- (2) The times in which courses are held and the holiday periods of the academic year shall be published in the course schedule pursuant to § 9.

§ 7 Leave of absence

Students may interrupt their studies in justified cases (leave of absence). A leave of absence is possible for a maximum of one year (2 semesters). A leave of absence must be applied for in writing to the Dean's Office. In this application, the reasons for an interruption or the prospects of a positive conclusion to the course of study must be substantiated. Personal, professional and health reasons must be taken into account in the Dean's decision. In any event, prolonged illness, special family circumstances, completion of military or alternative civilian service, pregnancy, care of the student's own children or care of close relatives shall constitute sufficient reasons. A negative decision regarding a leave of absence from study programmes must be justified in writing. An appeal against a negative decision regarding a leave of absence from study programmes can be lodged with the Study Commission of the Sigmund Freud University within eight weeks.

II Study goals

§ 8 Qualification goals

- (1) The Bachelor Programme Psychotherapy Science is a foundation course. It conveys the scientific fundamentals with regard to healthy and pathological psychological human development, the diagnosis of healthy and sick phenomena, the basics of the scientifically based treatment of experiential psychological disease patterns – including the psychological, medical, sociological and anthropological dimensions.
Students acquire basic knowledge of research methodology and gain an overview of legal, economic and social conditions.
- (2) The Master Programme Psychotherapy Science serves to provide in-depth knowledge of the theory, methodology and history of psychotherapy, the general and method-specific theory of disease, diagnoses and courses of disease patterns and their treatment concepts. Theoretical and clinical theories in the school of psychotherapy chosen by the student during the Bachelor Programme Psychotherapy Science are deepened and worked on in detail. The orientation towards the therapy schools results from the current state of Psychotherapy Science and the current legal admission regulations in Austria. An essential part of the study programme is devoted to psychotherapy research. The practical application of theoretically acquired knowledge is of great importance. The study programme therefore provides for internships, some of which are to be completed externally, but also internally at the university outpatient department, and which are reflected upon in parallel. In order to acquire the necessary psychotherapeutic attitude, the course of study provides for compulsory personality development. Upon completion of the Master Programme Psychotherapy Science, students have all the professionally relevant basics to be registered in the psychotherapist list of the competent Federal Ministry.
- (3) The Doctoral Programme Psychotherapy Science serves to demonstrate the ability to carry out independent scientific work. This proof is deemed to have been furnished once the doctorate has been completed. The Doctoral Programme Psychotherapy Science thus aims to promote and qualify young academics in the field of Psychotherapy Science. The Doctoral Programme Psychotherapy Science is independent of a psychotherapeutic professional qualification. The broad understanding of psychotherapy science represented in the Doctoral Programme Psychotherapy Science enables empirical,

theoretical, hermeneutical as well as historical and future-related work, whereby interdisciplinary and transdisciplinary references to other disciplines, e.g. psychology, medicine, sociology, philosophy, education, history, ethnology, linguistics and literary studies, can also be established.

- (4) The university course Hypnosystemic Counselling and Intervention deals with basic knowledge of hypnosystemic theory and practice, their different approaches and their origins. A broad spectrum of hypnosystemic methods is taught. Thereby, the mode of action, useful phenomena and indicators are discussed. Graduates are able to provide additional and optimal complementary competence for people seeking help and advice according to their previous qualifications. The university course in Art Therapy provides basic scientific training in basic psychodynamic theories. In this course, basic theoretical and practical artistic skills are acquired. One focus is the teaching of clinical-rehabilitative and social as well as curative education skills for artistic-therapeutic practice. In particular the salutogenetic, resiliency-oriented and evidence-based clinical aspects of Art Therapy.

III Courses

§ 9 Course schedule

The course plan including the timetable is based on the curriculum. All courses are shown in the course plan with the ECTS credits to be acquired. The course plan should be available at least two weeks before the beginning of the semester, although it is subject to change.

§ 10 Course types

- (1) All courses, with the exception of lectures (VO), provide for compulsory participation by students. If the attendance requirement is not met, the course cannot be completed. Hardship cases of excused absence are to be taken into account – after consultation of the respective course director with the Dean's office.
- (2) Interaction and a variety of didactic methods can and should be subsumed under these seven (7) course types.
- a. Lectures (VO). The aim of a lecture is to convey to students the contents of the respective field of knowledge as specified in the accredited curriculum in the form of lectures by the lecturers. Students are not required to attend the lectures. The course is concluded with a written or oral examination. The regulations for this are described in detail in the examination regulations.
 - b. Seminars (SE), exercises (UE) and proseminars (PS) are courses with an immanent examination character. Students are generally required to attend. For a positive conclusion of these courses, attendance is required for at least 80 percent of the actual attendance time. The requirements necessary for the provision of proof of performance are regulated in the examination regulations.
 - c. Integrated courses (ILV) are courses in which lecture and exercise parts are combined. The sequence of lecture and practical exercise can be freely chosen by the course leaders, i.e. it can be flexibly arranged according to the respective contents. As in the case of exercises, proseminars and seminars, students are also required to attend the integrated courses – including the lecture parts. For a positive completion of these courses, attendance is required for at least 80 percent of the actual attendance time. Performance is assessed according to the criteria listed for exercises, proseminars and seminars, and a written final examination is also mandatory. The regulations for this are described in detail in the examination regulations.
 - d. Method-specific personality development (MPE) are courses for the promotion of psychotherapeutic abilities and skills, especially the spectrum of reflection and interaction related to one's

own personality. Students are generally required to attend 100% of the courses. The requirements necessary to provide proof of performance are regulated in the examination regulations.

- e. Reflections on Practical Training and Practice (PRS) are courses designed to promote psychotherapeutic abilities and skills, in particular the spectrum of reflection and interaction related to work with patients and persons in the psychosocial field. Students are generally required to attend 100 percent of the courses. The requirements necessary to provide proof of performance are regulated in the examination regulations.

§ 11 Language of instruction

The language of instruction is usually the national language of the location of implementation. For Vienna, Linz and Berlin this is German, for Ljubljana Slovenian, for Paris French. For locations of implementation with an international programme, the language of instruction is English.

- (1) The curriculum may stipulate that all or individual modules, courses and examinations be held in a foreign language. Scientific papers can be written in a foreign language within the framework of the examination regulations. If the curriculum does not contain such a provision, the exclusive or predominant use of a foreign language in courses is permissible if alternative courses serving the same examination purpose are available or with the consent of all students present in the first course unit.
- (2) Teaching and teaching materials can be used in English as well as the national language of the location of implementation.

§ 12 Proof of performance and performance assessment

The admission and examination regulations contain rules on performance certificates and performance assessments as well as on scientific work, internships and the use of unauthorised aids.

§ 13 Certificate and Diploma Supplement

- (1) The academic achievements are listed in a transcript of records which lists the courses attended, the ECTS credits earned and the corresponding assessments.
- (2) Upon completion of the Bachelor's, Master's and Doctoral Programmes Psychotherapy Science, students are additionally awarded a Diploma Supplement.

IV Completion of studies

§ 14 Degree

- (1) The courses of study and all other courses of study offered by the Faculty for Psychotherapy Science are deemed to have been completed when all the required achievements prescribed in the curriculum have been achieved and the final theses have been assessed positively.
- (2) Students who have successfully completed the respective degree programme receive a certificate of academic achievement and a certificate.
- (3) If another course of study is offered, the corresponding final documents will be handed out.

§ 15 Academic degrees

The Faculty for Psychotherapy Science of the Sigmund Freud University of Vienna lends persons,

- who have successfully completed the course of Bachelor Programme Psychotherapy Science, the academic degree 'Bakkalaureus*a der Psychotherapiewissenschaft (Bakk. pth.)',

- Persons who have successfully completed the Master's Programme Psychotherapy Science, the academic degree 'Magister*tra der Psychotherapiewissenschaft (Mag. pth.)',
- Persons who have successfully completed the course of the Doctoral Programme Psychotherapy Science, the academic degree 'Doctor Psychotherapy Science (Dr. scient. pth.)'.
- For the university course in Art Therapy the academic degree 'Master of Arts (MA.)' is awarded,
- for the university course Hypnosystemic Counselling and Intervention the title 'Master of Science (MSc.)'.