



Admission regulations

of the
Faculty for Psychotherapy Sciences
Sigmund Freud University

Decision of the faculty conference on June 26th 2020
26.06.2020

I Admission to the Bachelor's and Master's Programmes

§ 1 Formal requirements

The formal requirement for admission to the study programmes Psychotherapy Science leading to a degree at Sigmund Freud University is proof of

- (1) a general university entrance qualification: a bachelor's degree, vocational bachelor's degree or equivalent qualification; or
- (2) a relevant university entrance qualification examination; or
- (3) an admissions examination regulated by the Sigmund Freud University examination regulations for the various fields of study offered at Sigmund Freud University under point 15.

§ 2 Examination of the formal requirements

The examination of formal, informal and non-formal competences prior to admission to studies is carried out by the Faculty for Psychotherapy Science. A written application for recognition must be submitted for this purpose, which is processed by the responsible administrator. The application and the decision on recognition are approved by the Dean of the Faculty for Psychotherapy Science.

The verification of the suitability of applicants for a study place is regulated specifically according to the different requirements of the various fields of study. The currently valid requirements can be found on the homepage of the Sigmund Freud University for the individual fields of study.

§ 3 Recognition of admission requirements

The examination of formal, informal and non-formal competences before admission to study programmes is checked by the faculty. For this purpose, a written application for recognition must be submitted, which is processed by the responsible administrator. The application and decision on recognition is approved by the Dean.

§ 4 Selection procedure for admission to the Bachelor's Programme Psychotherapy Science

The Bachelor's and Master's Programmes Psychotherapy Science at Sigmund Freud University are designed to build on each other.

There is an admission procedure for the Bachelor's Programme Psychotherapy Science, which is divided into two parts:

- First part: Two one-on-one interviews with members of the faculty's academic core staff will take place.
- Second part: This part consists of a full-day admissions seminar. This seminar can only be attended if the first part of the admission procedure has been completed positively.

The Bachelor's Programme Psychotherapy Science is a foundation course of study. The course of study imparts the scientific fundamentals with regard to healthy and pathological human development, the diagnosis of healthy and sick phenomena, the basics of scientifically based treatment of experience-related clinical pictures – including the psychological, medical, sociological and anthropological dimensions. The first 4 semesters include the requirements of the psychotherapeutic propaedeutic course.

At the beginning of the 5th semester, students choose either the specialisation 'Psychotherapy' or 'Psychosocial Counselling' to complete the Bachelor's Programme Psychotherapy Science.

For the specialisation 'Psychotherapy', the aim is to offer a more in-depth, advanced Master's Programme Psychotherapy Science. At this point, two admission interviews with representatives of the chosen methods and an admission seminar will take place. The Master's Programme Psychotherapy Science is an introduction to the clinical application of psychotherapy. In the Master's Programme Psychotherapy Science, the chosen therapeutic school is continued and completed.

§ 5 Selection procedure for admission to the Master's Programme Psychotherapy Science

- (1) Admission to the Master's Programme Psychotherapy Science via a successfully completed Bachelor's Programme Psychotherapy Science at the Sigmund Freud University

Admission to the Master's Programme Psychotherapy Science for graduates of the Bachelor's Programme Psychotherapy Science at the Sigmund Freud University is determined as follows

- Students of the Bachelor's Programme Psychotherapy Science complete the requirements of the psychotherapeutic propaedeutic course in the first 4 semesters.
- At the beginning of the 5th semester, students choose either the specialisation 'Psychotherapy' or 'Psychosocial Counselling' to complete the Bachelor's Programme Psychotherapy Science. For the specialisation 'Psychotherapy', the aim is to offer a more in-depth, advanced Master's Programme Psychotherapy Science. At this point, two admission interviews with representatives of the chosen methods and an admission seminar will take place. The Master's Programme Psychotherapy Science is an introduction to the clinical application of psychotherapy. In the Master's Programme Psychotherapy Science the chosen therapeutic school is continued and completed. The choice of the specialisation 'Psychotherapy' and thus the choice for a psychotherapeutic school from the 5th semester onwards, together with the positive completion of the Bachelor's Programme Psychotherapy Science, form the criteria for admission to the Master's Programme Psychotherapy Science for all students who choose to be admitted to the Master's Programme Psychotherapy Science via the positive completion of the Bachelor's Programme Psychotherapy Science at the Sigmund Freud University.

- (2) Admission to the Master's Programme Psychotherapy Science via positively completed related Bachelor's Programme Psychotherapy Science

Students who have successfully completed a Bachelor's Programme Psychotherapy Science in a related subject (e.g. psychology or philosophy) and wish to be admitted to the Master's Programme Psychotherapy Science at Sigmund Freud University may be admitted subject to certain conditions.

The admission procedure for subject-related Bachelor's Programmes is defined as follows:

- First part: two one-on-one interviews with members of the permanent scientific staff as well as a discussion with the respective method director. The following main methods are currently available for the Linz location of implementation: Individual Psychology (IP) and Behavioural Therapy (VT).
- Second part: This part consists of a full-day method recording seminar. This seminar can only be attended if the first part of the admission procedure has been completed positively.

II Admission Examinations

The entrance examination for the German language Study Programme Psychotherapy Science consists of the following five individual examinations:

- (1) a written paper on a general topic (essay in German)
- (2) three compulsory subjects
- (3) an optional subject

The examinations for (1) and (2) must be taken externally (e.g. VHS, BFI, WIFI etc.), the elective subject must be attended as part of the course of study or training.

ad (1) With the written work on a general topic (essay), candidates must prove that they are able to express themselves in writing on a given topic in a flawless and fluent language and with a clear train of thought.

ad (2) The examination requirements in the compulsory subjects for the field of study Psychotherapeutic Science are based on the curriculum of the 12th and 13th school years. The compulsory subjects are to be taken in the specified form depending on the subject of the examination and cover the following areas in terms of content:

- a. English 2 as a living foreign language – oral and written exam:
Confidence in oral and written expression with correct use of basic grammar; ability to understand the language at normal speaking rate and to participate in conversations on topics of general interest in a way that is understandable to the other party; ability to translate simple texts into German; ability to read and summarise short texts fluently; ability to comment on general topics mainly in narrative and descriptive form in an essay.
- b. Biology – oral examination:
Development of living beings throughout the history of the earth; phylogeny of man; biology of the cell and basic physiological processes; structure and function of the human body; basic principles of nutrition and health; reproduction and heredity of man; human and animal behaviour.
- c. History 2 – oral examination:
basic features of general history; essential historical facts and developments in European history with a focus on Austria, taking into account cultural, economic and social-historical aspects.

Final exams that have already been passed successfully can be credited.

ad (3) The elective subject (one) is to be taken by means of an examination to the extent of 2 or 3 ECTS credits and is to be chosen from the Bachelor's Programme Psychotherapy Science of the desired course of study.

The choice is open:

- a. PS Psychotherapy as Profession 2 ECTS
- b. PS Psychotherapy as Science 2 ECTS
- c. PS Psychosocial forms of intervention I 4 ECTS

III Admission to the Doctoral Programme Psychotherapy Science

§ 6 Requirements for admission to the Doctoral Programme Psychotherapy Science

There are 3 requirements for admission to the Doctoral Programme Psychotherapy Science

- (1) very good German language skills,

- (2) a relevant Diploma or Master Programme with a minimum duration of eight semesters (e.g. medicine, psychology, education, philosophy, literature, history, ethnology) or
- (3) a Bachelor Programme with 180 ECTS points AND an Master Programme with 120 ECTS points (a total of 300 ECTS points).

§ 7 Target group of the Doctoral Programme Psychotherapy Science

The target group are graduates

- of the Master's Programme Psychotherapy Science at the Sigmund Freud University or
 - graduates in relevant subject areas at Diploma, Master level (e.g. medicine, psychology, education, philosophy, literature, history, ethnology).
- (1) Applicants should have completed a psychotherapeutic training and already have professional experience as a psychotherapist. Neither of these conditions are considered exclusion criteria, but students without psychotherapeutic knowledge must make it plausible that they are able to build on their proven existing skills and are able to combine these with psychotherapy science. This can only be beneficial in terms of mutual stimulation.
 - (2) Applicants who are not psychotherapists or candidates in training must provide a certificate of 60 hours of psychotherapeutic self-experience with a registered psychotherapist. Of these 60 hours, at least 30 hours must be individual experience, the remaining 30 hours can be group experience. However, it is also possible to complete all 60 hours as individual experience.

§ 8 Selection procedure for admission to doctoral studies

- (1) Applicants for the Doctoral Programme Psychotherapy Science submit their documents to the Doctoral Office Psychotherapy Science, and these are then forwarded collectively to the Doctoral Commission. This commission decides on the selection of applicants according to formal and content-related criteria. These include admission interviews, preliminary academic studies, any previous scientific publications, training in psychotherapy or previous psychotherapeutic knowledge, the quality of the submitted draft dissertation project (see point 5.) and its proximity in terms of content to the research priorities of the Faculty for Psychotherapy Science or the supervisors in question. A draft of the dissertation project in the form of a structured text should explain on three to five pages the scientific objectives of the project, the research question leading to the dissertation and the procedure. In addition, it should in particular explain how the applicant arrived at his or her question. The relevance of the research question to the science of psychotherapy must be clearly emphasised (also applies to Sigmund Freud University projects).
- (2) The Doctoral Commission decides on admission to or rejection from the Doctoral Programme Psychotherapy. The Doctoral Commission forwards its decisions to the Doctoral Office Psychotherapy Science by means of a protocol. In the event of a positive decision, applicants will receive an official e-mail with all the necessary information on admission to the programme and on the further steps to enrolment.
- (3) In the event of a negative decision by the PhD Commission as a result of non-compliance with formal or substantive admission criteria, applicants will receive an official e-mail explaining the reasons for the rejection.
- (4) In the event that the Doctoral Committee comes to the conclusion that the draft of the dissertation project does not fully or only partially meet the requirements, but the applicant is in principle granted potential, there is the possibility of submitting a revised draft.