

November 9th 2022, 6.00–7.30 pm

Performance Psychology through the Eyes of a Psychologist and Olympic Silver Medalist



Sara Isakovic, MSc
Performance Psychologist

Sara is mostly known for winning an Olympic Silver medal for Slovenia in 2008. She graduated from University of California Berkeley with a degree in Psychology, and later pursued brain research at UC San Diego, exploring neurological mechanisms of resilience in U.S. Navy Seals, Marines and Olympic athletes. She then completed her masters degree in Performance Psychology.

As a published researcher, lecturer, speaker and author, Sara now works with various athletes, business men, musicians and airline pilots helping them perform optimally in their highly demanding performance environment. She is also involved in multiple projects- from changing the global education systems (Junior Fellow of World Academy), to advocating anti-doping in sports (WADA ambassador), as well as promoting the combination of mental and physical fitness. She has recently become certified as practitioner in hypnotherapy.

Lectures Series

Professional Fields and Practice of Psychology

Studying psychology opens up a wide range of professional opportunities. Working as a psychologist is possible in many professional fields, depending on the specialisation. In order to facilitate orientation, a selection of professional fields will be presented at this event. Psychologists from each SFU branch will present their fields of work and provide an insight into their everyday work. There will be first-hand information as well as space for exchange and questions. Language of presentation will be English.

November 9th 2022
Sara Isakovic, MSc
Performance Psychologist

November 23rd 2022
Matthias Paulnsteiner, BSc
Psychology Graduate, Group HR,
Alumni of SFU

December 7th 2022
Prof. Francesco Rovetto, MD
Professor of Clinical Psychology
Sigmund Freud University, Milano (Italy)

January 11th 2023
Dr. Markus Fischl
Psychiatrist, MD

January 18th 2023
Filipa Krolo, MSc
PhD Student at Universität Greifswald,
Alumni of SFU

always Wednesday from
6.00–7.30 pm
Online via Zoom